

What's in Store *this* Season...?

Even in sunny Southern California, fresh fruits and vegetables have seasons – but there are plenty of local choices available year round.

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Apples												
Apricots												
Artichokes												
Asparagus												
Avocados												
Basil												
Beans, Green												
Beets												
Broccoli												
Brussels Sprouts												
Cabbage												
Carrots												
Cauliflower												
Celery												
Chard												
Cherries												
Chili Pepper												
Citrus												
Collards												
Corn												
Cucumber												
Dates, Medjool												
Eggplant												
Figs												
Grapes												
Kale												
Kiwi												
Lettuce												
Melons												
Mushroom												
Nectarines												
Okra												
Onion, Dry												
Onion, Green												
Peaches												
Pears												
Pears, Asian												
Peas, Green												
Peppers												
Persimmons												
Plums												
Pomegranates												
Potatoes												
Raspberries												
Spinach												
Squash, Summer												
Squash, Winter												
Strawberries												
Tomatillos												
Tomatoes												

